

ESCONDIDO INVITATIONAL TRACK TIME SCHEDULE

RACE	EVENT	HEAT	TIME	RACE	EVENT	HEAT	TIME
1	GIRLS 4X100	1	4:30	35	GIRLS 300LH	1	7:27
2	GIRLS 4X100	2	4:35	36	GIRLS 300LH	2	7:32
3	BOYS 4X100	1	4:40	37	GIRLS 300LH	3	7:36
4	BOYS 4X100	2	4:45	38	BOYS 300IH	1	7:42
5	GIRLS 1600M	1	4:50	39	BOYS 300IH	2	7:46
6	GIRLS 1600M	2	4:59	40	BOYS 300IH	3	7:50
7	GIRLS 1600M	3	5:08	41	GIRLS 3200M	1	7:56
8	BOYS 1600M	1	5:17	42	GIRLS 3200M	2	8:12
9	BOYS 1600M	2	5:26	43	GIRLS 200M	1	8:30
10	BOYS 1600M	3	5:35	44	GIRLS 200M	2	8:33
11	GIRLS 100IH	1	5:45	45	GIRLS 200M	3	8:36
12	GIRLS 100IH	2	5:48	46	BOYS 200M	1	8:39
13	GIRLS 100IH	3	5:51	47	BOYS 200M	2	8:42
14	BOYS 110HH	1	5:57	48	BOYS 200M	3	8:45
15	BOYS 110HH	2	6:00	49	BOYS 3200M	1	8:51
16	BOYS 110HH	3	6:03	50	BOYS 3200M	2	9:07
17	GIRLS 400M	1	6:09	51	GIRLS 4X400	1	9:23
18	GIRLS 400M	2	6:13	52	GIRLS 4X400	2	9:29
19	GIRLS 400M	3	6:17	53	BOYS 4X400	1	9:35
20	BOYS 400M	1	6:21	54	BOYS 4X400	2	9:41
21	BOYS 400M	2	6:25	55	WT. MANS	GIRLS	9:47
22	BOYS 400M	3	6:29	56	WT. MANS	BOYS	9:50
23	GIRLS 100M	1	6:35				
24	GIRLS 100M	2	6:38				
25	GIRLS 100M	3	6:41				
26	BOYS 100M	1	6:44				
27	BOYS 100M	2	6:47				
28	BOYS 100M	3	6:50				
29	GIRLS 800M	1	6:56				
30	GIRLS 800M	2	7:01				
31	GIRLS 800M	3	7:06				
32	BOYS 800M	1	7:11				
33	BOYS 800M	2	7:16				
34	BOYS 800M	3	7:21				

OPEN DIVISIONS (HEAT 2 & 3) - MEDALS TO 4 IN THE 100,200,400,110HH,300IH,4X100,4X400

OPEN DIVISIONS (HEAT 2 & 3) - MEDALS TO 6 IN THE 800 AND 1600

OPEN DIVISIONS (HEAT 2) - MEDALS TO 10 IN THE 3200

INVITATIONAL DIVISION (HEAT 1) - MEDALS TO 5 IN ALL EVENTS

ESCONDIDO INVITATIONAL FIELD EVENT TIME SCHEDULE

SHOT PUT				LONG JUMP			
RING	TIME		FLIGHT	RUNWAY	Time		FLIGHT
WEST	3:30	GIRLS	2	NORTH	3:30	BOYS	2
EAST	3:30	BOYS	2	NORTH	4:30	BOYS	3
WEST	5:30	GIRLS	3	NORTH	5:30	BOYS	1
EAST	5:30	BOYS	3				
WEST	7:30	GIRLS	1				
EAST	7:30	BOYS	1				
DISCUS				LONG JUMP			
RING	TIME		FLIGHT	RUNWAY	TIME		FLIGHT
SOUTH	3:30	GIRLS	3	SOUTH	3:30	GIRLS	2
NORTH	3:30	GIRLS	1	SOUTH	4:30	GIRLS	3
SOUTH	5:00	BOYS	2	SOUTH	5:30	GIRLS	1
NORTH	5:00	BOYS	1				
SOUTH	6:30	GIRLS	2				
NORTH	6:30	BOYS	3				
HIGH JUMP				TRIPLE JUMP			
RING	TIME		FLIGHT	RUNWAY	TIME		FLIGHT
NORTH	3:30	GIRLS	1	NORTH	6:45	BOYS	2
SOUTH	3:30	BOYS	1	NORTH	7:45	BOYS	3
NORTH	5:30	GIRLS	3	NORTH	8:45	BOYS	1
SOUTH	5:30	BOYS	3				
NORTH	7:30	GIRLS	2				
SOUTH	7:30	BOYS	2				
				POLE VAULT			
				RUNWAY	TIME		FLIGHT
				SOUTH	3:30	GIRLS	1
				NORTH	3:30	BOYS	1
				SOUTH	6:30	GIRLS	2
				NORTH	6:30	BOYS	2

MEDALS TO 5 IN ALL INVITATIONAL EVENTS

MEDALS TO 6 IN ALL OPEN FIELD EVENTS

SHOT PUT/DISCUS/LONG JUMP/TRIPLE JUMP

1. 3 ATTEMPTS IN OPEN DIVISIONS (FLIGHTS 2 & 3)
2. 3 ATTEMPTS + 3 ADDITIONAL FOR TOP 6 IN INVITATIONAL DIVISION (FLIGHT 1)
3. COMPETITION WILL BE CONDUCTED IN FLEIGHTS OF 5-6

HIGH JUMP

1. COMPETITION WILL BE CONDUCTED 5 ALIVE

POLE VAULT

1. COMPETITION WILL BE CONDUCTED 5 ALIVE