

**2016 CIF SDS Track & Field Finals Schedule**  
**Mt. Carmel High School Saturday, May 28, 2016**

**Running Events**

Time	Division	Event
12:30	A	Girl's 400 Relay
12:35	B	Girl's 400 Relay
12:44	A	Boy's 400 Relay
12:49	B	Boy's 400 Relay
12:58	A	Girl's 1600m
1:07	B	Girl's 1600m
1:17	A	Boy's 1600m
1:25	B	Boy's 1600m
1:37	A	Girl's 100 HH
1:41	B	Girl's 100 HH
1:49	A	Boy's 110 IH
1:53	B	Boy's 110 IH
2:01	A	Girl's 400m
2:05	B	Girl's 400m
2:13	A	Boy's 400m
2:17	B	Boy's 400m
2:25	A	Girl's 100m
2:29	B	Girl's 100m
2:37	A	Boy's 100m
2:41	B	Boy's 100m
2:49	A	Girl's 800m
2:54	B	Girl's 800m
3:02	A	Boy's 800m
3:07	B	Boy's 800m
3:15	A	Girl's 300 LH
3:19	B	Girl's 300 LH
3:27	A	Boy's 300 IH
3:31	B	Boy's 300 IH
3:39	A	Girl's 200m
3:43	B	Girl's 200m
3:51	A	Boy's 200m
3:55	B	Boy's 200m
4:03	A/B	Girl's 3200m
4:21	A/B	Boy's 3200m
4:39	A	Girl's 1600 Relay
4:47	B	Girl's 1600 Relay
4:57	A	Boy's 1600 Relay
5:05	B	Boy's 1600 Relay

**Field Events**

Time	Division	Event
10:00	A/B	Girl's Discus
10:00	A	Girl's Long Jump
10:10	B	Girl's Long Jump
10:30	A	Girl's High Jump
10:40	B	Girl's High Jump
11:00	A	Boy's Pole Vault
11:10	B	Boy's Pole Vault
11:30	A	Boy's Long Jump
11:40	B	Boy's Long Jump
12:30	A/B	Boy's Discus
1:00	A	Boy's High Jump
1:10	B	Boy's High Jump
1:15	A	Girl's Triple Jump
1:25	B	Girl's Triple Jump
1:30	A	Girl's Pole Vault
1:35	B	Girl's Pole Vault
2:00	A	Girl's Shot Put
2:10	B	Girl's Shot Put
2:45	A	Boy's Triple Jump
2:55	B	Boy's Triple Jump
3:15	A	Boy's Shot Put
3:25	B	Boy's Shot Put

**Note:** Team points will be awarded to 8 places: 10-8-6-5-4-3-2-1  
 Medals will be given to 6 places