

## 21st Annual Falcon Relays

Torrey Pines High School - March 19, 2016

### Schedule of Track Events

Time	Event
10:00 AM	Girls 4x100 Meter Shuttle Hurdles D2
10:10 AM	Girls 4x100 Meter Shuttle Hurdles D1
10:20 AM	Boys 4x110 Meter Shuttle Hurdles D2
10:30 AM	Boys 4x110 Meter Shuttle Hurdles D1
10:40 AM	Girls 4x800 Meter Relay Varsity
10:55 AM	Boys 4x800 Meter Relay Varsity
11:10 AM	Girls 4x100 Meter Relay D2 JV
11:15 AM	Girls 4x100 Meter Relay D1 JV
11:20 AM	Boys 4x100 Meter Relay D2 JV
11:25 AM	Boys 4x100 Meter Relay D1 JV
11:30 AM	Girls 4x100 Meter Relay D2 Varsity
11:35 AM	Girls 4x100 Meter Relay D1 Varsity
11:40 AM	Boys 4x100 Meter Relay D2 Varsity
11:45 AM	Boys 4x100 Meter Relay D1 Varsity
11:53 AM	Girls Distance Medley (12,4,8,16) JV
12:11 PM	Boys Distance Medley (12,4,8,16) JV
12:31 PM	Girls 1500 Meter Run Varsity
12:39 PM	Boys 1500 Meter Run Varsity
12:51 PM	Girls 100 Meter Hurdles Varsity Inv
12:53 PM	Girls 100 Meter Hurdles Varsity A
12:56 PM	Girls 100 Meter Hurdles Varsity B
1:03 PM	Boys 110 Meter Hurdles Varsity Inv
1:06 PM	Boys 110 Meter Hurdles Varsity A
1:09 PM	Boys 110 Meter Hurdles Varsity B
1:16 PM	Girls 400 Meter Dash Varsity Inv
1:20 PM	Girls 400 Meter Dash Varsity A
1:24 PM	Girls 400 Meter Dash Varsity B
1:30 PM	Boys 400 Meter Dash Varsity Inv
1:34 PM	Boys 400 Meter Dash Varsity A
1:38 PM	Boys 400 Meter Dash Varsity B

Time	Event
1:43 PM	Girls 100 Meter Dash Varsity Inv
1:46 PM	Girls 100 Meter Dash Varsity A
1:49 PM	Girls 100 Meter Dash Varsity B
1:52 PM	Boys 100 Meter Dash Varsity Inv
1:55 PM	Boys 100 Meter Dash Varsity A
1:58 PM	Boys 100 Meter Dash Varsity B
2:00 PM	Girls 800 Meter Run Varsity
2:05 PM	Boys 800 Meter Run Varsity
2:09 PM	Girls 300 Meter Hurdles Varsity Inv
2:12 PM	Girls 300 Meter Hurdles Varsity A
2:15 PM	Girls 300 Meter Hurdles Varsity B
2:18 PM	Boys 300 Meter Hurdles Varsity Inv
2:21 PM	Boys 300 Meter Hurdles Varsity A
2:24 PM	Boys 300 Meter Hurdles Varsity B
2:29 PM	Girls 800 Sprint Medley (1,1,2,4) D2 JV
2:34 PM	Girls 800 Sprint Medley (1,1,2,4) D1 JV
2:39 PM	Boys 800 Sprint Medley (1,1,2,4) D2 JV
2:44 PM	Boys 800 Sprint Medley (1,1,2,4) D1 JV
2:50 PM	Girls 4x200 Meter Relay D2 Varsity
2:55 PM	Girls 4x200 Meter Relay D1 Varsity
3:00 PM	Boys 4x200 Meter Relay D2 Varsity
3:05 PM	Boys 4x200 Meter Relay D1 Varsity
3:11 PM	Girls Distance Medley (12,4,8,16) Varsity
3:30 PM	Boys Distance Medley (12,4,8,16) Varsity
3:45 PM	Coaches 4x100m Relay
3:50 PM	Girls 4x400 Meter Relay D2 Varsity
3:57 PM	Girls 4x400 Meter Relay D1 Varsity
4:03 PM	Boys 4x400 Meter Relay D2 Varsity
4:10 PM	Boys 4x400 Meter Relay D1 Varsity
4:17 PM	Mixed 4x100 Meter Relay CoEd Thrower

### Schedule of Field Events

9:30 AM	Girls Long Jump D1 Varsity Boys Long Jump D1 Varsity
10:00 AM	Girls Pole Vault - Both Flights Girls High Jump - Flight 1 of 2 Girls Discus Throw D1 Varsity Boys Shot Put D1 Varsity
11:30 AM	Girls High Jump - Flight 2 of 2 Girls Long Jump D2 Varsity Boys Long Jump D2 Varsity Girls Discus Throw D2 Varsity Boys Shot Put D2 Varsity

1:00 PM	Boys Pole Vault - Both Flights Boys High Jump - Flight 2 of 2 Girls Triple Jump D1 Varsity Boys Triple Jump D1 Varsity Girls Shot Put D1 Varsity Boys Discus Throw D1 Varsity
2:30 PM	Boys High Jump - Flight 1 of 2 Girls Triple Jump D2 Varsity Boys Triple Jump D2 Varsity Girls Shot Put D2 Varsity Boys Discus Throw D2 Varsity